

not eating chocolate, not eating crisps, trying some vegetables, a new food, help in the garden, take up more exercise.

Each week through Lent ask the children to select a couple of items from the list and to try out. If they have managed to accomplish anything on the lists put a tick against each child's name when it is done and if not place a cross. Replace the sheet each week and at the end of Lent maybe the children will be surprised by what they have accomplished or find it interesting the good choices made and the bad. Martha and Mary both made different choices. The Good Samaritan made a good choice as did the innkeeper taking the person in.

### Craft:

### Family Faith Questions:

*Discuss these topics as you do your crafts together.*

Do you prefer to **learn** more about Jesus or **act** more like Jesus?

### Hands And Feet all age

*You will need: long pieces of lining paper (one per group), chunky crayons and marker pens.*

The children should draw round their hands or feet and color in the shapes with chunky crayons. Ask the children to write words around the hands giving ideas of how they can help others. Get the children to write words around the feet giving ideas of places in the community where help is given to others.

Talk about the story of the Good Samaritan with the children and how the least expected person was the one who helped and who showed themselves to be a good neighbor. Discuss with the children how we can be good neighbors. Ask the children to show their frieze to the other group(s).

Keep these for future weeks.

### Next Week:

Next week we will focus on Jesus and his story of the fig tree.

### Sending Prayer:

Ask the kids if there are any prayers they'd like to focus on. Pray together.

## March 10/14 – Repentance – Luke 13.1-9, 31-35

### Opening Prayer:

Lord, you know see our efforts to change and be renewed.  
As we come before you in prayer,  
may you help us to believe in ourselves  
as you believe in us.  
Just as you are compassionate and gracious,  
may we think of ourselves,  
of our own hearts  
and be as compassionate to others as you are to us.  
Just as you are patient with us,  
may we be patient with you.  
May we trust that you hear us  
and you will answer in your time and in your way.  
May faith, hope and love continue to grow  
in each and every one of us.  
Amen.

### Recap of Last Week:

Last week we told the story of the hospitality of Mary and Martha in welcoming Jesus and the disciples.

### The Story: Play Video/Videos

*Check Video Folder*

### Game/Activity:

#### Odd One Out

*You will need: copies of the activity sheet found on page 134.*

The fig tree in today's story appears to be the only tree that was not bearing fruit so it was the odd one out. Give the children a copy of the activity sheet provided and ask them to work out which tree is the odd one out.

You can also play odd one out in your group today. Is only one person wearing or not wearing glasses? Is there only one person with their hair tied up, or wearing earring, or wearing trainers, that has a big sibling, that has not got a pet, and so on.

### Craft:

### Family Faith Questions:

*Discuss these topics as you do your crafts together.*

What does it feel like to say sorry to God?

## Newspaper Fig Tree

*You will need: newspaper, lining paper, lots of rolls of scotch tape, scissors, masking tape.*

Divide the children into groups of four or five with a variety of ages in each group. Get the children to make a tree. Aim for about 30 inches high, if you try bigger you might need to have some sort of strong props ready to help to secure and balance the tree.

Create the tree by scrunching up or rolling up newspaper and lining paper to make trunk and branches. Wrap tape around to secure and use tape to join sections on.

Discuss with the children the process of making their tree and how it took time, that some bits did not fit where they first thought, how they needed patience, how some bits had to be cut back a bit, maybe how it does not look like they first imagined it might, and so on. Talk about the parable and how the gardener was patient. Talk about how we can be patient with others and how God is patient with us.

## Next Week:

Next week we will focus on Jesus and the lost sheep.

## Sending Prayer:

Ask the kids if there are any prayers they'd like to focus on. Pray together.